

WINTER 2012 ACTIVITY GROUPS

1, CRAFT 'N CHAT with Judi Emery

Mondays at 12:00 Noon

Jan 9 – June 11, SLR Room 112 (Note: closed Feb 20, Apr 9, May 21)

Christmas Potluck Lunch, Dec 12, 2011, open to all SLR members.

The group meets and does crafts, shares ideas and recipes, enjoys films and speakers, lunches out and takes the occasional road or theatre trip. The Craft 'N Chat group donates regularly to the Food Bank or other charities. If you enjoy an afternoon of fun, fellowship, laughing and doing crafts, bring your lunch and join the group for Craft 'N lots of Chat.

2. LET'S PLAY THE RECORDER with David Radcliffe

Tuesdays, 1:30 p.m. – 3:30 p.m., (10 sessions)

Jan 17 – Mar 20, Cafeteria, Room 103

\$65 (plus materials)

This is a continuation of the activity which was introduced in the spring of 2011, and repeated in the fall. It is open to anyone who would like to join the group. Requirements are a basic (Soprano) recorder, a copy of the *Yamaha Recorder Student Book 1*, and a table top or floor music stand. Beginners are very welcome, and will be helped to join in, but it would be useful to know how to play the basic C scale.

3. WRITING CIRCLE with Dan Hyttenrauch

Wednesdays, 9:30 a.m. – 11:30 a.m. (10 sessions)

Jan 25 – Mar 28, Room 113

\$65, Limited to 20 participants

Do you want to capture in your own words the precious memories of the people, places and events that you treasure in your heart? Discover the writing tools you need to express yourself in a fun and satisfying manner. SLR's Writing Circle aims to provide a safe and supportive atmosphere in which to learn about the writing process and share your life stories with your peers. Make the time to honour your life!

4. THE DEBATERS with Roslyn Moorhead and Jan Lubell

Thursdays, 11:45 a.m. – 1:00 p.m. (5 sessions)

Mar 8 – Apr 5, Room 112

\$20, Limited to 15 participants

Have you heard the Debaters on CBC Radio? This spring, we'll have our own informative and fun version at SLR. Teams will pick a topic ranging from serious to light-hearted, present their

case, face a rebuttal by the other team, and try to convince their peers. An animated, thought-provoking and fun experience is guaranteed.

5. PICTURE THIS! DIGITAL PHOTOGRAPHY with Jeff Keenor

Fridays, 9:30 a.m. – 11:30 a.m. (4 sessions)

Feb 3 – Feb 24, Longworth Retirement Residence

600 Longworth Road

\$30, Limited to 12 participants

Are you disappointed with the photographs that you take? Do you only shoot on Auto? Wonder what those funny icons on the camera mean? This workshop will help you take photographs that you would be proud to hang on your wall! You will improve your understanding of the controls on your digital camera, develop composition skills, and learn basic image editing on your computer. Included is a field trip to practise what you have learned. You will need a digital camera, computer access and email (for editing and sharing images).