

## FALL 2018 - for website

### STUDY GROUPS

#### TRADE MAKES THE WORLD GO AROUND

Monday p.m. 1:30 – 3:30

Sept 17 - Dec 3 (no classes on Oct 8, Thanksgiving, and Oct 29, GL Fundraiser)

Moderators: Rod Whitwham, Patricia Robinson

Evidence of trading goes back thousands of years, likely to the domestication of pack animals and the invention of ships. Today, international trade is at the centre of our world's economy and is responsible for much of the development and prosperity of the modern industrialized world. Investigate and tell us about the romance, intrigue, the discoveries or conflict that trade has inspired.

**Possible Topics:** BRICs, Brexit, The Silk Road, clipper ships, Marco Polo. Conjure up visions of perhaps dangerous journeys and exotic trade goods. Slave trade, spice trade, tea trade, fur trade, oil trade, drug trade, free trade and fair trade, treaties such as NAFTA, tariffs, trade organizations like WTO.

#### CANADA'S FIRST NATIONS AND INUIT PEOPLE

Tuesday a.m. 9:30 – 11:30

Sept 18 – Nov 27 (no class on Oct 30, GL Fundraiser)

Moderators: Helen Olmstead, Edna Blomqvist

First Nations and Inuit peoples lived and thrived in all geographic areas in what is now known as Canada. Highly varied physical environments led to distinctive cultures in terms of social organization, food resources, tools, housing, transportation, clothing, art, entertainment, language and spiritual beliefs. Let's explore the history and culture of their world.

**Possible Topics:** Migration from Asia, pictographs and petroglyphs, life in a longhouse, Inuit art, the Canoe, life in the Arctic, slavery, war, trade, The Three Sisters, buffalo hunts, totem poles, competitive sport, body painting and tattoos, major archaeological sites.

#### GREAT MOMENTS IN SPORTS

Tuesday p.m. 1:30 – 3:30

Sept 18 – Nov 27 (No class on Oct 30, GL Fundraiser)

Moderators: Jim Easton, Alvin Shapiro

Scott Moir and Tessa Virtue's conquest! Rocket shoots, he scores! Bautista flips his bat! Northern Dancer wins by a nose! Ben Johnson rises and falls -- say it ain't so! Leafs seize the Stanley cup again! Sports are made up of many great events that brought us to our feet cheering or left us devastated, even angry. Share the real stories of great sporting sagas. What really happened?

**Possible topics:** Emmanuel De Grasse piles up the gold at Canadian track championships, Canadian Women's Eight capture silver at rowing worlds. Joannie Rochette skates to Olympic

Bronze riding on our tears! The Rocket Richard Riot, Bautista's arrogance, Northern Dancer's pedigree, Lance's amazing lying and its effects. What Leaf's Stanley Cup? Tiger Woods, forwards and backwards, FIFA Brazil's humiliation and Sepp Blatter, Sochi Olympics triumph of state doping? 27-24 Toronto Argonauts are unstoppable, why?!

### **THE MASSEY LECTURES**

**Wednesday a.m. 9:30 – 11:30**

**Sept 19 – Nov 28 (no class on Oct 31, GL Fundraiser)**

**Moderators: Blair Pierce, Margaret Cowan**

Since 1961, the CBC has been broadcasting the prestigious Massey Lecture Series, bringing to Canadians some of the greatest minds of our time. Pick a favourite lecturer to share with the class. Who are they? Why were they chosen? What were the societal factors that made their topic important? What did we learn from them?

**Possible Topics:** Adrienne Clarkson, Lawrence Hill, Stephen Lewis, Jean Vanier, Douglas Copland, Jane Jacobs, Norm Chomsky, Margaret Atwood, Martin Luther King Jr. For a full list of Massey Lectures, visit <http://www.cbc.ca/radio/ideas/masseys/pastlectures>.

### **SCOTLAND**

**Wednesday p.m. 1:30 – 3:30**

**Sept 19 – Dec 5 (no classes on Oct 31, GL Fundraiser, and Nov 28, Winter Program Preview)**

**Moderators: Cecile Tourigny, Helen Bullas**

Scotland is a rugged country known for its fierce and proud people. Famous for their whisky and kilts, the Scots are a unique and valued part of the United Kingdom, but many seek to leave that union. Brilliant of intellect, the Scots produced philosophers, economists, inventors, poets, bards, engineers and the flush toilet! Let's learn about Scotland, its people and their place in the world.

**Possible Topics:** Famous Scots, Scottish separatism, Scottish Kings and Queens, Scottish emigration, Scottish culture, Scottish inventions, the role of Scotland in the UK, the role of Scots in Canada, the Scottish military tradition, Scottish castles, hiking in Scotland, tourism, golf, curling, literature.

### **IT'S A MYSTERY**

**Thursday a.m. 9:30 – 11:30**

**Sept 20 – Nov 29 (no class on Nov 1, GL Fundraiser)**

**Moderators: Barbara Decker Pierce, Susan Pepper**

Tell us about your favourite mystery novel, novel series or author. What makes the novel or author special? Examine the many genres of the mystery novel: the traditional whodunit, police procedures, espionage or psychological suspense. Is it the characters, settings or time periods that fascinate you? If made into a movie, which version did you prefer? Choose from classics or contemporary works.

**Possible Topics:** Hound of the Baskervilles, Arthur Conan Doyle; The Maltese Falcon, Dashiell Hammett; Murder on the Orient Express, Agatha Christie; Still Life (Chief Inspector Armand Gamache), Louise Penny; The Girl Who Played with Fire, Stieg Larsson; The Lovely Bones, Alice Sebold; The Da Vinci Code, Dan Brown.

### **POTPOURRI – ANYTHING GOES**

**Thursday p.m. 1:30 – 3:30**

**Sept 20 – Nov 29 (no class on Nov 1, GL Fundraiser)**

**Moderators: Brenda Jackson, Roy Hind**

This field is wide open for any topic you think will challenge the intellect, tickle the funny bone, provoke controversy, stimulate discussion or just keep us informed. Do you have some insight that you have always wanted to share with others? Here, you have an attentive and appreciative audience.

### **TRIUMPH OF THE HUMAN SPIRIT**

**Friday a.m. 9:30 – 11:30**

**Sept 21 – Nov 30 (no class on Oct 26, GL Fundraiser)**

**Moderator: Cathy Cameron**

Share the inspiring tales of exceptional people who overcame challenges to accomplish their goals. What enabled Malala Yousafzi to transform from Pakistani schoolgirl to Nobel Peace Prize winner before her 21st birthday? How did people like Lucy Maud Montgomery and Stephen Hawking surmount adversity to excel? Such uplifting stories of those who achieved much despite great obstacles give us insight into the power of the human spirit.

**Possible Topics:** J.K. Rowling, Mother Theresa, Terry Fox, Jeff Healey, Nelson Mandela, Helen Keller, Romeo Dallaire, Shania Twain, Jim Carrey, Steve Jobs, Lucy Maud Montgomery, Clara Hughes, Roberta Jamieson, Helen Keller, Beethoven, Thomas Edison, Frank Gehry, Tomas Bata, Oprah Winfrey, Jackie Robinson.

### **THE AWESOME POWER OF PLANTS**

**Friday p.m. 1:30 – 3:30**

**Sept 21 – Nov 30 (no class on Oct 26, GL Fundraiser)**

**Moderators: Pat McCabe, Sally Stewart**

Plants provide us with oxygen, habitat, food, medicines and endless beauty. Jungles, forests, prairies and oceans all sustain plant life that we use and abuse, yet without them we cannot survive. Tell us about a plant, a plant family or an ecosystem that fascinates you, or challenge the group to consider the economic impact of shrinking biodiversity or the consequences of environmental degradation.

**Possible Topics:** Carolinian forest, tundra, lichens and mosses, orchids, roses, healing herbs, spices, drugs from plants, invasive plants, exotic woods, genetically altered plants, hemp and marijuana, cocoa and cocaine, poppies and opium, seaweed, kelp, algae, bamboo.

## ACTIVITY GROUPS

All locations at Grosvenor Lodge unless otherwise noted.

### **THE MUSIC OF THE BIG BANDS with Jane Auger and Jeff Keenor**

**Monday a.m. 11:45 - 1:15**

**September 17 - October 22 (no class October 8, Thanksgiving) (5 sessions)**

**Fee: \$35; Maximum 12 members**

Do you love the music of the Swing Era when big bands were all the rage? The 1940's saw artists such as Jimmy Dorsey, Glen Miller, Harry James, Guy Lombardo and others form large dance bands whose music brightened the lives of a war-weary populace. Bring your Swing Era playlist and share it with the rest of the group. Simply sit back and enjoy the music.

### **PLAY ON with Mary Neill**

**Monday p.m. 1:30 - 3:30**

**September 17 - November 26 (no class October 8, Thanksgiving) (10 sessions)**

**Fee: \$65; Maximum: 12 members**

A continuation course for those who have previously taken one session of "Be a Player," with an emphasis on character study and performance in rehearsed readings of monologues and one-act plays. "Rehearsed reading" means a prepared presentation without requiring memorization.

### **POWERPOINT FOR DUMMIES with Jeff Keenor**

**Tuesday a.m. 9:30 - 11:30**

**September 18 & 25 (2 sessions)**

**Fee: \$15; Maximum 10 members**

This course is for those who wish to supplement their oral presentation with slides. The first session will cover the basics of adding slides, titles and sub-titles; changing font size and colour; and inserting images. The second session will be coaching and answering questions arising from a presentation that you will create at home. You will need Microsoft Office on your home computer.

### **KEYNOTE TO POWERPOINT FOR MAC USERS with Jean Surry**

**Tuesday p.m. 12:00 - 1:00**

**September 18 & 25 (2 sessions)**

**Fee: \$15; Maximum 10 members**

A course for those with Apple computers wishing to supplement their oral presentations with slides. The first session covers basics: adding slides, titles, sub-titles; changing font size and colour; inserting images, using the Keynote software already on your computer. Saving into PowerPoint format for presentation will be demonstrated. The second session will answer questions arising from a presentation that you create at home.

### **ART @ LARGE with Diana Coates and Pat Patterson**

**Wednesday a.m. 10:00 - 12:00 noon (off site)**

**September 19 - October 17 (5 sessions)**

**Fee: \$25; maximum 20 members**

Discover the talented artists of London and region. Each week is a new adventure as the group tours a museum, gallery or studio, meeting those who will share their knowledge.

### **PODCAST 101 with Shari McNeill and Bob Aggerholm**

**Wednesday a.m. 11:45 - 1:00**

**September 19 - October 17 (5 sessions)**

**Fee: \$30; Maximum 10 members**

Podcasts are free audio programs on the Internet. There are podcasts covering almost any topic you can imagine. Together, we'll explore this vast podcast universe. Learn how to download them to your phone or tablet, including how to get them to play on your car radio.

### **CREATIVE WRITING WORKSHOP with Deborah Roberts**

**Wednesday p.m. 1:30 - 3:30**

**September 19 - November 21 (10 sessions)**

**Fee: \$65; maximum 12 members**

Creative writing is a form of artistic expression, drawing on imagination and open-minded thinking - the craft of making things up. Anyone can be a creative writer. In an encouraging, fun environment, we'll engage in varied writing exercises to stretch our mental muscles. From various forms - poetry, short stories, songs, plays and stream-of-consciousness - we'll construct and share our compositions. Join us for an enjoyable experience.

### **LEARN TO PLAY THE RECORDER with John Morgan**

**Thursday a.m. 10:00 - 11:00 (Coach House)**

**September 20 - November 22 (10 Sessions)**

**Fee: \$35; Maximum 8 members**

This course is meant for people with no musical knowledge but will be adjusted as required to suit participants. Students will need to provide their own alto recorder. There are loaners of two available brands to try before buying. Students will need to purchase "The Sweet Pipes Recorder Book, Book One" from Long and McQuade prior to the first session.

### **UKE IT UP, PART 2 with Noële Hall**

**Friday p.m. 1:30 - 3:30**

**September 21 - November 30 (10 sessions)**

**Fee: \$65; Maximum 12 members**

Just like potato chips, it's hard to stop at just one! This course is intended as an extension of Let's Uke It Up, and for those with very basic knowledge of chords and strum patterns. We will work on more advanced chord forms while gaining a greater knowledge of the Ukulele. We will work from class handouts and the Hal Leonard Ukulele Method Book 1, audio access included.

## **DISCUSSION GROUPS**

### **THE LONDON MUNICIPAL ELECTION with Jane Auger and Ray Jones**

**Monday a.m. 9:30 - 11:30**

**September 24 - October 29 (no class October 8, Thanksgiving) (5 sessions)**

**Fee: \$30; maximum 12 members**

Find out what is important to Londoners and how each candidate plans to correct problems, encourage business, deal with infrastructure needs, and many other issues. The group will cast a “straw” vote on the first day of class and compare the results with the real results following the election. See if your predictions come true or if what you learned in class changed your voting plans.

### **U.S.A. AND THE WORLD AHEAD with Ron Coristine, Ed Jambor and Lynn Hamilton**

**Tuesday p.m. 1:30 – 3:30**

**Section 1: September 18 – October 16 (5 sessions)**

**Section 2: October 23 – November 27 (5 sessions; no class on Oct 30)**

**Fee: \$30; maximum 16 members each section**

The U.S. has taken a different course internally and internationally since the 2016 election. We will examine some of these changes and consider how they impact U.S. influence in the world, the future of democracy as a viable governance model in the U.S., and how we may be affected in Canada. Join us with an open mind and you're sure to learn something new.

### **THE PURSUIT OF HAPPINESS with Barbara Dorrington and John Husband**

**Thursday a.m. 9:30 - 11:30**

**September 20 - October 18 (5 sessions)**

**Fee: \$30; Maximum 14 members**

What makes us happy? The general level of one's happiness is affected by many factors, including personality, self-esteem, societal pressures, age and gender. Is happiness based on health and wealth, knowledge (being smart enough), supportive friendships, or being of good moral character? Does money buy happiness? Let's explore together how age, gender, and life's challenges influence our understanding of happiness, especially in our wiser older years.

### **LET'S TALK ABOUT DEATH AND DYING with Susan Booth and Jackie Dix**

**Friday a.m. 9:30 - 11:30**

**September 21 - November 30 (10 Sessions)**

**Fee: \$65; Maximum 14 members**

Death is the one great certainty in life and a personal journey each of us approaches in our own way. Let's consider our own unique path with death, dying and grieving by exploring this important though uncomfortable topic. Together we will be posing vitally important questions, sharing experiences, and offering thoughtful observations that can profoundly change the way we live and die.

## **INTEREST GROUPS**

### **FRIENDS OF THE HYLAND with Mary Evans and Helen Bullas**

**September to June**

**Meets 2<sup>nd</sup> Sunday of the month for early matinee at the Hyland Theatre followed by lively discussion at a local restaurant.**

**Fee: Cost of movie; discussion free for members**

**JULIET with Judi Emery, Lynn Hamilton, Lydia Keras and Diana Lloyd**

**Tuesday 12:00 noon – 2:00 p.m.**

**Section 1 with Diana Lloyd and Judy Emery**

**Section 2 with Lynn Hamilton and Lydia Keras**

**Register for only one section**

**September 18, October 16, November 13, January 15, February 12, March 12, April 16 (7 sessions)**

**Fee: None, pay for own meal; Maximum 12 each section**

The JULIET Experience – This is an opportunity to join **Just Us Ladies Indulgently Eating Together** monthly at a favourite restaurant. After several gastronomic experiences, we will join the ROMEO Group (Retired Old Men Eating Out) to compare and select a winning restaurant that has been rated by both the Romeo and Juliet groups using predetermined criteria. This is an opportunity to socialize and have some fun.

**ROMEO with John Husband**

**Wednesday p.m. 12:00 noon – 2:00**

**September 19, October 17, November 14, January 16, February 13, March 13, April 17 (7 sessions)**

**Fee: None, pay for own meal; Maximum 12**

All bon vivant gentlemen with discerning tastes and erudite minds are invited to join **Retired Old Men Eating Out**. Once a month, we will try a new restaurant and at the end of the meal we will evaluate and rate the experience. At the end of the sixth session, we will choose a favourite and invite the JULIET group to join us for a meal for the seventh session. Rise up, men, and join the ranks of the liberated gastronomically satisfied.

**PHOTOGRAPHY CLUB with Jeff Keenor**

**Meets 1<sup>st</sup> Thursday a.m. of each month in the Coach House 11:45 - 1:00**

**Fee: \$15.00 for 2018 - 2019 Year; Maximum 14 members**

Open to anyone with a digital camera, any skill level. Share photographs, tips and techniques, so that all increase their enjoyment of photography.

**THE LIVELY POETS' SOCIETY with Denise Ritchie and Pat Patterson**

**Meets 1st and 3rd Thursday of each month; first class September 20**

**11:45 a.m. – 1:00 p.m.**

**Fee: \$10; Maximum 12**

Members meet twice monthly to share and discuss poetry and poets – dead poets, live poets, ancient poetry, new poetry – let's explore together.

**RECORDER ENSEMBLE with John Morgan**

**Meets every other Thursday 1:30 p.m. - 3:00 p.m. (Coach House) starting September 13**

**Fee: \$50 for 2018 - 2019 year**

This is a continuing group – new members welcome. It is expected that all members will play a C or F instrument and be in the process of learning the second instrument.

**GINA BARBER SLR SINGERS with Susan Jones and Mike Zadorsky**

**Meets Fridays, 11:45 a.m. – 1:00 p.m. (Drake Room)**

**Fee: \$15.00 for 2018 - 2019 Year; Maximum 24 members**

Does singing make you happy? Can you carry a tune? If you can say “yes” to one of these, you are eligible to become a member of Seriously Little Rehearsed, the singing group that loves to laugh and sing. Sometimes we perform for our members. That’s fun, too.

**COMPUTER CLINIC with Western Students and Jean Surry**

**Tuesdays, 12:00 Noon – 1:00 p.m.; Thursdays, 3:00 p.m. – 4:00 p.m.**

**October 9 - November 15 (no clinic Oct 30 or Dec 1)**

**Fee: Free with SLR membership; advanced registration required**

Here’s a good opportunity to expand your IT skills. Western student volunteers are matched with SLR members to provide one-on-one assistance at Grosvenor Lodge. Bring your laptop, tablet or smart phone and your questions. Weekly registration: [slr.computer.clinic@gmail.com](mailto:slr.computer.clinic@gmail.com)

**SOCIAL EVENTS**

**Please pay for these separately**

**MEET AND GREET LUNCH**

**Wednesday, September 12 at 12 noon**

**Elsie Perrin Williams Estate**

**101 Windermere Road West**

**Cost: \$15**

Step back in time to the elegant living of an early 20<sup>th</sup> century estate surrounded by 68 acres of beautiful parkland. Enjoy a finger food lunch catered by The Steel Grill as you catch up with old friends and new to start the Fall season. A shuttle car service will be offered to guests who have difficulty walking from the parking area to the estate.

**FALL NATURE HIKE**

**Thursday, September 27 from 10:00 – 12 noon**

**Medway Valley**

**Cost: No charge**

Medway Valley Heritage Forest E.S.A. in north London is publicly-owned land covering 129 hectares, including floodplains, forests, marshes and valleys. Medway Creek winds between steep 25-metre-high banks. Hikers and walkers, join us on a walk through the valley as Fall approaches in all its colourful splendour.

**BUS TRIP TO COWBELL BREWERY**

**Thursday, October 18, departing London at 9:30 a.m.**

**Blyth, Ontario**

**Cost: \$40**

This bus trip to the Cowbell Brewery in Blyth promises to be a unique SLR adventure. As guests of the brewery we will experience state-of-the-art brewing techniques and listen to a

Chief Storyteller during a VIP Guided Tour. A delicious lunch will be served in the farm-to-table restaurant, the Cowbell Kitchen, located in a 19<sup>th</sup> century-inspired Grand Old Barn building.

### **FIFTIES SOCK-HOP**

**Wednesday, November 14 from 6:00 – 9:00 p.m.**

**West Haven Golf and Country Club**

**Fanshawe Park Road West**

**Cost: \$20**

This is your chance to don your poodle skirts and saddle shoes as we enjoy an evening of fun at West Haven. The SLUGS ukulele group and Gina Barber singers will provide some entertainment as well as a chance to join fellow SLR members doing The Twist on the dance floor. A Fifties inspired finger-food supper will be served for your enjoyment.

### **FESTIVE BANQUET**

**Thursday, December 6 at 12:00 noon**

**Highland Golf and Country Club**

**1922 Highland Heights (west of Ridout on Commissioners Road)**

**Cost: \$25**

This is a not-to-be missed annual SLR tradition as we dine in style during the festive season. Share stories and camaraderie with friends as we enjoy a three-course meal and are entertained by the SLR Gina Barber singers and Brenda's famous jokes.

## **MARK YOUR CALENDARS**

### **FALL PROGRAM PREVIEW AND REGISTRATION**

**Thursday, May 31, 1:30 – 3:30 (Doors open 1:00; Presentations begin 1:30 sharp)**

**Siloam United Church, 1240 Fanshawe Park Road East**

Listen to the moderators and facilitators describe their courses and activity groups, and be among the first to sign up. Our Program Previews are lively and fun, with each moderator or facilitator trying to convince you that his/her course is the right one for you. A chance to socialize and enjoy free coffee and cookies.

### **FALL OPEN HOUSE AND REGISTRATION**

**Thursday, September 6, 10:00 a.m. – 2:00 p.m.**

**Grosvenor Lodge**

This is your last chance to register for the Study, Activity, Discussion and Interest Group(s) of your choice and talk with the moderators and facilitators. A short information session will be presented for prospective and current members who would like to get an overview of SLR and discover all we have to offer. As usual, refreshments are free. Everyone is welcome - and don't hesitate to bring your friends.

### **PRESENTATION WORKSHOP**

**Thursday, September 13, 10:00 a.m. – 12:00 noon**

This workshop is designed to take all the worry out of making a presentation. All are welcome – newcomers and current members – who want to improve their presentation skills, including

PowerPoint. You will receive advice on researching, preparing and presenting your topic. All this at no cost!

**THANKSGIVING HOLIDAY (No Classes)**

**Monday, October 8**

**GROSVENOR LODGE HALLOWEEN FUNDRAISER (No classes)**

**Friday, October 26 – Thursday, November 1**

**WINTER 2019 PROGRAM BROCHURE**

Our brochure with the Winter 2019 selections will be available mid-November. The Winter term begins late January.

**WINTER 2019 PROGRAM PREVIEW AND REGISTRATION**

**Wednesday, Nov 28, 1:30 – 3:30 (Doors open 1:00; Presentations begin 1:30 sharp)**

**Siloam United Church, 1240 Fanshawe Park Road East**

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