

## STUDY GROUPS

Study Groups are 10 weeks, cost \$65, and held in the Drake Room with a maximum of 19 members, unless otherwise noted. Each member researches a topic related to the general subject and shares their findings with the class. For additional details and possible topics, please visit [www.slrlondon.ca](http://www.slrlondon.ca).

### THE SUPERNATURAL AND BEYOND

**Monday p.m. 1:30 – 3:30**

**Sept 16 – December 2 (No class Oct 14, Thanksgiving, or Oct 28, GL Fundraiser)**

**Moderators: Jane Skinner and Sheila Brown**

Ghoulies and ghosties, and things that go bump in the night. Why are we humans so fascinated with the supernatural and paranormal? Are you a believer or a skeptic? Join us for an open-minded exploration on a wide array of topics: ghosts and spirits, psychics, angels and demons, the supernatural in popular culture, cryptids, alien visitations and abductions ... and more!

### INDIGENOUS CANADIANS FROM EUROPEAN CONTACT TO THE PRESENT

**Tuesday a.m. 9:30 - 11:30**

**September 17 – November 26 (No class October 29, GL Fundraiser)**

**Moderators: Ron Coristine and Lynn Hamilton**

From the point of European contact, flourishing and contented indigenous societies were set adrift in a land no longer their own with little opportunity to succeed or to hold the respect of the soon-to-be-larger culture. For the past several centuries our indigenous people have been the "have-nots" of Canadian society. What has their past experience been? What is being done to provide them with greater opportunities? What are they doing to shape their own futures?

### WATER

**Tuesday p.m. 1:30 – 3:30**

**September 17 – November 26 (no class Oct 29, GL Fundraiser)**

**Moderators: Asok Sengupta and Herman Sahrman**

Air aside, water is the most essential compound needed for survival of all life in our world. It has domestic, agricultural, industrial, recreational, power generation, and trade uses. Yet, water has both been treasured and loathed by mankind. Humans cannot live without water, but the threat of flooding and consumption is increasing every year. Let's find out about this element that is essential to our survival.

### FAVOURITE SCREEN ACTORS

**Tuesday p.m. 1:30 – 3:30 (Dining Room)**

**September 17 - November 12 (8 sessions; no class on October 29)**

**Fee: \$50; Maximum 15 members**

**Moderators: Diana Lloyd and Linda Vandusen**

Who is your favourite actor and why? Are they convincing in their role? Captivating to the audience? Do they have good interpretative skills? Are they highly imaginative? Do they understand and reflect human behaviour? Are their talents learned or innate? How have their performances impressed you? Share stories of your favourite actor, the films they have starred in, and why you admire them.

### PICK A YEAR, ANY YEAR

**Wednesday a.m. 9:30 – 11:30**

**September 18 – November 27 (No class on Oct 30; GL Fundraiser)**

**Moderators: Don Efron and Bob Aggerholm**

Pick a year and tell us about its significance. What distinguishes that moment in time? It could be about events that affected the world, a nation, or a community. Was the year characterized by social or political upheaval, a break with artistic norms, pioneering developments in science and technology - or a sea-change in popular culture and fashion? Throw a dart at a calendar or a globe and join our foray into the past.

### JAPAN

**Wednesday p.m. 1:30 – 3:30**

**September 18 – December 4 (No classes on Oct 30, GL Fundraiser or Nov 27, SLR Program Preview)**

**Moderators: Margaret Cowan, Barbara Miles**

Japan is a key player in the global economy with rich cultural traditions and a long history of technological innovation. Its military history is extensive with major wars fought against China and Russia and participation in WWI and WWII. Japan has a highly educated, but rapidly aging and shrinking, population. Tell us what intrigues you about this island nation.

### BUSINESS INNOVATIONS SHAPING OUR FUTURE

**Thursday a.m. 9:30 - 11:30**

**September 19 – November 28 (No class October 24 GL Fundraiser)**

**Moderator: Shari McNeill and Sandy Kechnie**

Rapid advances in technology have revolutionized how Canadians live, work and interact with one another. For example, mobile technology, robotics and artificial intelligence have significantly changed our economy and opened the floodgates for new industries and new competitors to reshape the Canadian marketplace. Join us to explore up and coming technologies, innovations and inventions that tomorrow's businesses and our grandchildren will use every day.

### THE GREATEST OF ALL TIME (GOAT)

**Thursday p.m. 1:30 - 3:30**

**September 19 – November 28 (No class October 24 GL Fundraiser)**

**Moderators: Ed Jambor and Jeff Keenor**

You are invited to tell us about the person you feel is the "Greatest of All Time." You can choose someone from the political, arts or sports realms, or you may choose to make your presentation more personal and tell about a friend, neighbour or relative who has made a difference. Come and explore with us the world of exceptional people and how they have molded the world they live in.

*"Keeping your brain stimulated and your spirit young"*

# STUDY GROUPS cont.

## GREAT CITIES

**Friday a.m. 9:30 – 11:30**

**September 20 – November 29 (No class on Oct 25, GL Fundraiser)**

**Moderators: Patricia Robinson, Mary Frances O'Hagan**

For centuries, cities have been centres of culture, learning, religion, politics, and economics. Describe a great city of the past (e.g., ancient Athens, Machu Picchu, Fez), a unique heritage city (e.g., Venice, Istanbul, Quebec City), a vibrant, modern city (Singapore, Sydney, Dubai) or a city that is becoming great. Let's explore a special city.

## POTPOURRI

**Friday p.m. 1:30 - 3:30**

**September 20 – November 29 (No class October 25, GL Fundraiser)**

**Moderators: Brenda Jackson and Roy Hind**

The field is wide open for any topic you think will challenge the intellect, tickle the funny bone, provoke controversy, stimulate discussion or just keep us informed. Do you have some insight that you have always wanted to share with others? Here you have an attentive and appreciative audience.

# ACTIVITIES & WORKSHOPS

All locations at Grosvenor Lodge unless otherwise noted.

## CANNABIS 101: SEPARATING FACT FROM FICTION with Shari McNeill and Kim Waugh

**Tuesday a.m. 9:30 - 11:30 (Dining Room)**

**September 17 – October 15 (5 sessions)**

**Fee: \$30; Maximum: 15 members**

Now that cannabis is legal in Canada, it's time to re-examine this plant and understand all that it offers. Why was cannabis illegal in the first place? Learn about THC, CBD, and medical cannabis, compare smoking to other methods, and understand what different plant strains can do. What are consumables and edibles, and what is safe usage? Learn how to decipher retail descriptions and buy with confidence. Armed with new knowledge, we'll visit a local dispensary for our last class.

## CREATING MINI PRESENTATIONS with Richard Waring and Lydia Keras

**Wednesday a.m. 9:30 – 11:30 (Computer Lab, Kinsmen Recreation Centre, 20 Granville Street)**

**September 18 – October 23 (6 sessions)**

**Fee: \$50; Maximum: 12 members**

Learn how to develop, research and prepare a short presentation on any topic you like. Work individually or in a small group. In Kinsmen's state-of-the-art computing lab, you will receive instruction and practice in creating an effective 3-5 minute talk using the Internet, Word, PowerPoint and file saving. Then, enhance your presentation skills by sharing your talk with class members. Thumb/flash drive required.

## INTERMEDIATE POWERPOINT SKILLS with Herman Sahrman

**Wednesday a.m. 9:30 - 11:30 (Computer Lab, Kinsmen Recreation Centre, 20 Granville Street)**

**October 30 – November 13 (3 sessions)**

**Fee: \$25; Maximum: 12 members**

You have learned PowerPoint basics and now you want to learn how to make really fabulous PowerPoint presentations including manipulating pictures, adding videos and many other tricks. This course will provide "hands-on" learning in a computer lab.

## ART @ LARGE with Diana Coates and Pat Patterson

**Wednesday a.m. 10:00 – 12:00 noon (off site)**

**September 18 – October 23 (5 sessions; no class Oct. 16)**

**Fee: \$25; Maximum: 20 members**

Discover the talented artists of London and region. Each week is a new adventure as the group tours a museum, gallery or studio, meeting those who will share their knowledge.

## UKE IT UP, PART 2 with Noële Hall

**Wednesday p.m. 1:30 - 3:30 (Coach House)**

**September 18 - December 4 (10 sessions; no classes Oct 30 or November 27)**

**Fee: \$65; Maximum: 12 members**

This course is intended as an extension of Let's Uke It Up and for those with very basic knowledge of chords and strum patterns. We will work on more advanced chord forms and finger-picking styles while gaining a greater knowledge of the ukulele. We will continue to work from handouts and Hal Leonard Ukulele Method Bk.1 Audio Access Included.

## BE A PLAYER with John Husband

**Thursday a.m. 9:30 - 11:30 (Dining Room)**

**September 19 – November 28 (10 sessions; no class on October 24)**

**Fee: \$65; Maximum: 16 members**

This is a learn-by-doing "improv" workshop. Skills developed in the workshop will be applied in rehearsed readings to be presented in the last two classes. The classes help develop confidence and presentation skills and are great fun.

## CREATIVE WRITING LEVEL 2 with Deborah Roberts

**Thursday p.m. 1:30 - 3:30 (Coach House)**

**September 19 - November 28 (10 sessions; no class on October 24)**

**Fee: \$65; Maximum: 12 members**

For those who have attended one or more creative writing workshops, level two is for you. We will be taking an in-depth look at the constructs of writing. Poetry, short stories, memoirs and monologues will be edited, and plot analysis, character and dialogue development discussed. This workshop will be a focused and fun way to improve your writing skills. Come join us.

## DISCUSSION GROUPS

### ESTATE PLANNING with Don Pollock

**Monday a.m. 9:30 - 11:30 (Drake Room)**  
**September 16 – September 30 (3 sessions)**  
**Fee: \$20; Maximum: 16 members**

Benjamin Franklin stated that nothing can be said to be certain except death and taxes. Join us for a discussion on current topics in estate planning. Advantages and disadvantages of various estate planning strategies will be discussed with a focus on avoiding costly mistakes that have impacted many families.

### CANADA VOTES: FEDERAL ELECTION 2019 with Rod Whitwham, Sandy Morton, Jim Easton and Jane Auger

**Section 1: Tuesday 11:45 – 1:15 (Dining Room)**  
**September 24 – October 22; 5 sessions OR**  
**Section 2: Wednesday 11:45 – 1:15 (Dining Room)**  
**September 25 – October 23; 5 sessions**  
**Fee: \$30; Maximum: 16 members each section**

The next Canadian federal election is scheduled for October 21, 2019. Come and discuss such topics as the main issues facing the country, their party leaders and their platforms, campaigns, candidate debates and election results. We will meet four times before the election and once after.

### LET'S TALK ABOUT DEATH AND DYING with Susan Booth and Phyllis Brady

**Friday a.m. 9:30 - 11:30 (Dining Room)**  
**September 20 – November 29; (10 sessions; no class on October 25)**  
**Fee: \$65; Maximum: 14 members**

Death is the one certainty in life and a personal journey each of us approaches in our own way. Let's consider our own unique path with death, dying and grieving by exploring this important but uncomfortable topic. Together, we will be posing vitally important questions, sharing experiences, and offering thoughtful observations that can profoundly change the way we live and die.

## SOCIAL EVENTS

Please pay for these separately.

### STRAWBERRY SOCIAL

**Tuesday, June 18**  
**12:00 noon at Grosvenor Lodge**  
**Cost: \$15**

June is the start of the strawberry season in Ontario and we celebrate this delightful time of the year with our Strawberry Social. Enjoy a delicious finger-food lunch at the Lodge catered by Steel Grill, topped off with a strawberry dessert. This is an opportunity to chat with SLR friends and to share highlights of the courses you have enjoyed through the year.

### SUMMER THEATRE ADVENTURE: DISNEY'S NEWSIES

**Wednesday, July 10**  
**Huron Country Playhouse, Grand Bend**  
**12:00 noon optional lunch at School House restaurant**  
**2:00 p.m. Matinee performance at the theatre.**  
**Cost: \$45 for the show and \$20 for optional lunch**

This is the rousing tale of Jack Kelly, the charismatic leader of a band of teenage newsboys in New York City at the turn of the century. It is a Broadway musical packed with spectacular dancing and a sensational score with a timeless message that inspires everyone to fight for what is right and to seize the day.

### MEET AND GREET LUNCH

**Wednesday September 11 at 12:00 noon**  
**Grosvenor Lodge**  
**Cost: \$15**

This annual tradition marks the beginning of the Fall term with the opportunity to share summer stories with friends old and new and to anticipate the exciting new SLR courses. Enjoy a finger-food lunch in the reception rooms at the Lodge as well as on the verandahs, weather permitting, as you take in the lovely September gardens.

### BUS TRIP TO TORONTO RIPLEY'S AQUARIUM

**Thursday October 24 departing London at 9:30 a.m.**  
**Ripley's Aquarium, Toronto**  
**Cost: \$40**

Visitors to Ripleys, travelling on the moving glide path, will have the opportunity to enter the ocean realm, coming face to face with the most fascinating fish – everything from barracuda, rays, jelly fish to moray eels and giant sharks, not to mention the enormous turtles. Enjoy a pre-ordered finger food lunch before embarking on the approximately two-hour self-guided tour.

### THE BEATLES

**Wednesday, November 13 from 6:00 - 9:00 p.m.**  
**West Haven Golf and Country Club**  
**Fanshawe Park Road West**  
**Cost: \$20**

Come join us for our third annual music night. This year we feature Beatles music and dancing. Ringo and Paul were already booked but we do have the fabulous SLUGS, Liz (not THE Queen but the line-dancing queen), and the "Love Us Do" Gina Barber Singers. Fill up your plate with food and lots of it and join in the fun.

### FESTIVE BANQUET

**Thursday December 5 at 12:00 noon**  
**Highland Golf and Country Club**  
**1922 Highland Heights (west of Ridout Street on Commissioners)**  
**Cost: \$25**

We look forward to this seasonal event as we celebrate the end of the Fall term and the start of the festive season. This traditional three-course meal is always a hit as we share stories about courses we have enjoyed at SLR. We anticipate having a good laugh at Brenda's jokes and listening to the Gina Barber Singers and Noele Hall's ukulele SLUGS.

# INTEREST GROUPS

Facilitators will confirm the date of the first meeting unless shown otherwise.

Note: some interest groups are off-site.

## FRIENDS OF THE HYLAND with Mary Evans and Helen Bullas

Meets 2nd Sunday of the month from September to June for early matinee at the Hyland Theatre followed by lively discussion at a local restaurant.

Fee: Cost of movie; discussion free for members.

## PHOTOGRAPHY CLUB with Jeff Keenor

Meets 1st Tuesday of each month (Coach House) 11:45 a.m - 1:00 p.m.

Fee: \$15.00 for 2019 – 2020 Year; Maximum: 14 members

Open to anyone with a digital camera, any skill level. Share photographs, tips and techniques, so that all increase their enjoyment of photography.

## LUNCH BUNCH GROUP with Terry McSpadden

Tuesday 12:00 noon – 2:00 p.m.

October 1, November 5, January 7, February 4, March 3, April 7 (6 sessions)

Fee: none, pay for own meal; Maximum: 8 men (members)

Enjoy fellowship with inquisitive men willing to share ideas, knowledge and opinions in a harmonious setting. We'll meet monthly for food and conversation at a London restaurant, as we discover new "favourite" dining establishments. We may not solve the world's problems, but we'll have fun trying.

## LET'S DO LUNCH with Ann Vandenbosch, Biserka Mrzljak, Dolly Testa

Tuesday 11:45 a.m. – 1:15 p.m.

October 1, November 5, January 7, February 4, March 3, April 7 (6 sessions)

Fee: none, pay for own meal

Maximum: 12 - 24 women (members); two sections if demand warrants

All ladies who enjoy good food and great conversation – this is your opportunity to join the SLR "ladies who lunch" monthly at a London area restaurant. Explore new-to-you restaurants and old favourites. Try a new gastronomic delight, cuisine or indulge in a decadent dessert (we'll never tell!). Join us for fun, food and fabulous company.

## RECORDER ENSEMBLE with John Morgan

Meets Thursdays 11:45 a.m. – 1:15 p.m. (Coach House; no class October 30 or November 27)

Fee: \$50 for 2019 - 2020 year

This is a continuing group – new members welcome. It is expected that all members will play a C or F instrument and be in the process of learning the second instrument.

## THE LIVELY POETS' SOCIETY with Denise Ritchie and Ros Moorhead

Meets 1st and 3rd Thursday

September 19 - November 21 (Dining Room)

11:45 a.m. - 1:15 p.m.

Fee: \$10; Maximum: 12 members

Members meet twice monthly to share and discuss poetry and poets – dead poets, live poets, ancient poetry, new poetry – let's explore together.

## GINA BARBER SLR SINGERS with Susan Jones and Mike Zadorsky (FULL)

Meets Fridays, 11:45 a.m. – 1:00 p.m. (Drake Room)

Fee: \$15.00 for 2019 - 2020 Year

Does singing make you happy? Can you carry a tune? If you can say yes to one of these, you are eligible to become a member of Seriously Little Rehearsed, the singing group that loves to laugh and sing. Sometimes we perform for our members. That's fun, too.

## THE SLUGS (Ukulele Ensemble) with Noële Hall (FULL)

Meets Friday afternoons in the Coach House at 1:30 p.m.

September to June (no class October 25)

Fee: \$15

This is a continuing group for members who have taken Uke It Up and have some facility on the ukulele.

## COMPUTER CLINIC with Western Students

Dates: TBD (watch for update notices)

October and November; Twice weekly

Fee: Free with SLR membership; advanced registration required

Here's a good opportunity to expand your IT skills. Western student volunteers are matched with SLR members to provide one-on-one assistance at Grosvenor Lodge. Bring your laptop, tablet or smart phone and your questions.

Weekly registration: [slr.computer.clinic@gmail.com](mailto:slr.computer.clinic@gmail.com)

# MARK YOUR CALENDARS

## FALL PROGRAM PREVIEW AND REGISTRATION

Thursday, May 30, 1:30 – 3:30 (Doors open 1:00;

Presentations begin 1:30 sharp)

Siloam United Church, 1240 Fanshawe Park Road East

Listen to the moderators and facilitators describe their courses and activity groups, and be among the first to sign up. Our Program Previews are lively and fun, with each moderator or facilitator trying to convince you that his/her course is the right one for you. A chance to socialize and enjoy free coffee and cookies.

## MODERATORS' WORKSHOP

Monday, June 3, 10 a.m. – 12:00 noon

## FALL OPEN HOUSE AND REGISTRATION

Thursday, September 5, 10:00 a.m. – 1:00 p.m.

This is your last chance to register for the Study, Activity, Discussion and Interest Group(s) of your choice and talk with representatives about program content, possible topics, etc. Short information sessions will be presented at 10:15 and 11:30 for prospective and current members who would like to get an overview of SLR and discover all we have to offer. As usual, refreshments are free. Everyone is welcome - and don't hesitate to bring your friends.

## PRESENTATION WORKSHOP 101

Thursday, September 12, 10:00 a.m. – 12:00 noon

This workshop is designed to take the worry out of making a presentation. All are welcome - newcomers and current members - who want advice on researching and presenting your study group topic, including using PowerPoint. All this at no cost!

# MARK YOUR CALENDARS cont.

## THANKSGIVING HOLIDAY (No Classes)

Monday, October 14

## GROSVENOR LODGE HALLOWEEN FUNDRAISER (No classes)

Thursday, October 24 through Wednesday, October 30

## WINTER 2020 PROGRAM BROCHURE

Our brochure with the Winter 2019 selections will be available the week of November 18. The Winter term begins late January.

## WINTER 2020 PROGRAM PREVIEW AND REGISTRATION

Wednesday, Nov 27, 1:30 p.m. – 3:30 p.m. (Doors open 1:00; Presentations begin 1:30 sharp)

Siloam United Church, 1240 Fanshawe Park Road East

Listen to the moderators and facilitators describe their courses and activity groups, and be among the first to sign up. Our Program Previews are lively and fun, with each moderator or facilitator trying to convince you that his/her course is the right one for you. A chance to socialize and enjoy free coffee and cookies.

## SOCIAL EVENTS (See Social Events for details)

- STRAWBERRY SOCIAL, Tuesday, June 18, 12:00 Noon
- SUMMER THEATRE ADVENTURE: Disney's Newsies, Wednesday, July 10, 12:00 Noon (optional lunch); 2:00 Matinee Performance
- MEET AND GREET LUNCHEON, Sept 11, 12:00 Noon
- BUS TRIP TO TORONTO RIPLEY'S AQUARIUM, Thursday October 24 departing London at 9:30 a.m.
- THE BEATLES, Wednesday, November 13 from 6:00 - 9:00 p.m., West Haven
- FESTIVE BANQUET, Thurs, December 5, 12:00 noon

# REGISTRATION INFORMATION AND POLICIES

In the spirit of fairness for both current and new members and also to reduce the workload of our volunteer registration staff, our current registration procedure is as follows:

- Registration opens upon distribution of the brochure. Registration forms with payment can be sent either by mail or dropped off in the SLR locked mailbox located on the 1<sup>st</sup> floor foyer of Grosvenor Lodge at any time prior to class start.
- All registrations received in the office prior to the Program Preview will be placed in the order received, but will not be processed until after the Program Preview.
- Registration forms received at the Program Preview will be numbered in the order the form and payment is received by the Treasurer.
- *After the Program Preview, the office will interleave those received at the Open House with those received prior, thus assuring a level playing field for both current and new members and keeping volunteer work to a minimum.*
- You will be notified by email of the status of your application after the Program Preview.

Credit and debit cards, cheque or cash payments are all acceptable at the Program Preview. Cheques are acceptable at all times and are made payable to **SLR London**.

Note: We are unable to process post-dated cheques. Please do not send cash through the mail.

Registration is complete only when full payment has been received by SLR.

## MAILING ADDRESS

Society for Learning in Retirement  
Grosvenor Lodge  
1017 Western Road  
London, ON N6G 1G5  
519-438-3525  
[slrlondonontario@gmail.com](mailto:slrlondonontario@gmail.com)  
[www.slrlondon.ca](http://www.slrlondon.ca)

## CO-REGISTRATION POLICY

To guarantee a place in a Study Group or Workshop payment is required for each course at time of registration. If, however, there is space available in another course you would like to take AND you have already registered and paid for at least one course of equal or higher value, you may apply for the additional course AT OR AFTER the Open House or Program Preview at no charge by going to the Co-Registration table to submit your request. You may also make your application by email or telephone at any time following the Open House or Program Preview.

Applications will be processed the week prior to term commencement and all applicants will be contacted as to the status of their applications.

## REFUND POLICY

No refunds are issued for Annual Membership Fees.

If SLR cancels a program, a full refund is issued.

Refunds will be issued if a withdrawal occurs prior to the commencement of the program. Refunds are subject to a \$5.00 administration fee.

No refunds will be issued after the first week of classes.

Exceptions will be considered for medical or compassionate reasons.

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